

# The Eight Best Backyard Training Aids For Golf

## One: Impact Bag.



An [impact bag](#) will give you great feedback when you don't have the room for hitting real golf balls. It's also good if you're in a funk, and don't want to hit balls for real; the windows are safe!

## Two: Dave Pelz Putter Trainer



This [putter trainer](#) isn't so much for the backyard (unless you mow your grass that short- I don't judge), but it'll help teach you to start your putts on line just fine while you're on a Netflix binge.

### **Three: Hitting Net**



An impact bag is good if you have limited space, but if you can swing it, a [hitting net is much more efficient](#). Getting to feel impact for real, to feel the feedback of a flushed shot (or a miss-hit off the toe or heel) is valuable information!

### **Four: The Orange Whip Trainer**



The [Orange Whip](#) is a perennial favorite among golfers. It teaches you to swing at a smooth tempo; something that helps with not just distance, but accuracy, too!

## Five: Pocket Bunker



Show of hands: how many practice bunkers at the course or at a range? I'm willing to bet very few. Well, with the [Pocket Bunker](#), you don't even need to leave your yard!

## Six: Mini-PuttCAM



Recording yourself is never a bad idea. With the [Mini-PuttCAM](#), you can do just that- while you're using the above putting training aid! Just place it higher off the ground to record full swings.

## Seven: Swing Click PLUS



Tempo in the golf swing's everything. Overswinging is a bad thing. Fix both at the same time, with or without a ball, with the [Swing Click!](#)

## Eight: Medicus Swing Trainer



The “granddaddy” of the list. The [Medicus swing trainer](#)'s been around for forever because, well... it works.

## **There You Go, Eight Training Aids You Can Use Right Now to Improve Your Golf Game!**

While there's no substitute for playing, it's no secret that finding range time can be a struggle. With these training aids, you can get some good work in while you have down time at your home!



*These are affiliate links; if you click on them and buy, I get a small commission. You aren't obligated in any way to do so; it's just one means (or many) for me to keep Green Lantern Golf operational.*

*Regardless, these are all good training aids that WILL help you play better golf.*